



Self Defense Class to benefit Relay for Life

Contact: Vancouver Shudokan Karate-do

Email: Vancouvershudokan@gmail.com

https://wa-clark.countybuyselltrade.com/community-events/self-defense-class-to-benefit-relay-for-life_vancouver_246089

Address:

5900 NE 152nd Ave, Suite 230, Vancouver, WA 98682, East Van

Price:

Free

On Sunday, October 6, 2019, the VSK will be hosting a pair of self defense seminars:

Kids and Teens: 2:00 - 4:00pm - We will focus on self defense and anti-bullying as well as building self confidence.

Adults: 4:00 - 6:00pm - We will focus on self defense and self confidence.

Donations welcome. All proceeds will go to Relay for Life to support the fight against cancer!

Please come show your support.



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>



Self Defense Class to benefit Relay for Life
Vancouver Shudokan Karate-do
Vancouvershudokan@gmail.com
<https://tinyurl.com/24cpXktq>